# Helping Your Child Learn During and After COVID-19: Family Tips and Resources – Quick Tips Guide

Keeping children engaged and motivated with learning after this past year can be challenging, but there are big and small ways that families can help kids be ready and excited to learn. Here are top tips and resource links to help support your child's education:



#### Identify a space for learning at home and create a daily schedule

For remote/hybrid learning at home, having a designated <u>learning space</u> (such as a place at the table or pillows for a reading nook) and a <u>regular schedule</u> can help your child be ready for learning.

#### Help your child feel like they can be successful at what they are learning

Check out these <u>ask-a-teacher videos</u> to get practical advice on keeping up your child's motivation to learn, assisting with schoolwork, and more. Also, focus on <u>praising your child's effort</u> (not just success) so that your child will keep trying new and challenging tasks.

#### Keep calm and repeat directions

Keeping a calm tone, repeating directions, being silly or calling for a break all help avoid tantrums and challenging situations.



# Focus on your child's grade-level needs

Use this <u>Readiness Check</u> to see how your child is doing with key math and reading skills, pinpoint their needs, and get targeted resources or make a plan with their teacher.

### Communicate with your child's teacher

<u>Ask your child's teachers</u> about what skills your child needs to learn, and share your insights about what your child likes and needs help with.



# Identify and talk about feelings

Caregivers and children are stressed, but <u>sharing those feelings</u> can help diffuse them and help your family deal with the impact of the pandemic.

## Take simple actions during the summer

<u>Turn everyday routines into learning moments</u>, find summer resources, and lean into your child's interests. Spanish speakers can also find learning resources at <u>Colorín Colorado</u> and <u>Wide Open School</u>.